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Medical skin patches with a content of essential oils for treating colds, and processes for their production

The present invention relates to medical skin patches that enable the release of essential oils and are suitable for treating colds. The invention further relates to processes of production by means of which such patches can be obtained, as well as to the use of such patches for treating colds.

Colds involve obstruction of the respiratory passages, above all the nose and the bronchi, with coughing, hoarseness, bronchitis and other symptoms and are associated with more or less severe indisposition. Patients often get relief from inhaling essential oils; the action of these essential oils is due to the fact that they cause the mucus trapped in the nose or in the bronchi to loosen. In addition, these essential oils in part also possess antibiotic or disinfectant properties.

A disadvantage of inhalation is that it is relatively laborious and time-consuming since the essential oil has to be dispersed or dissolved in a hot water bath, and thereafter the hot water vapour, containing the volatile essential oils, has to be breathed in. Such a therapy is difficult to accomplish, for example, when travelling or in one's everyday professional life, all the more so since inhalation must be repeated several times a day.

Recently, various administration forms have been developed in an attempt to facilitate inhalation of essential oils in the treatment of colds. For example, there are preparations of ointments available on the market that contain essential

oils and can be rubbed in in the region of the chest, whereafter the essential oils are released due to the evaporation caused by the body heat and can be breathed in via the mouth and the nose. A disadvantage of this is that ointments are semi-solid, open preparations that must be applied directly to the patient's skin. Through sweating, e.g. as a result of fever, these semi-solid ointment preparations are gradually washed away from the skin or are absorbed by the person's clothing and thereby lose their efficacy. Hydrophobic ointment preparations are more resistant to sweat and water, it is true, but they cause an occlusion effect which may additionally raise the already elevated body temperature at the application site. In addition, application of an open, semi-solid preparation to the skin may subsequently cause the patient's clothes to become soiled.

US Patent 6 090 403 describes formulations wherein essential oils are contained in a hydrophile, pressure-sensitive adhesive preparation that is applied to a vapour-permeable solid support. However, when re-working the formulations described in US 6 090 403, it was found that a high increase in viscosity occurs in these preparations already within a short time after manufacture, thus preventing further processing (e.g. coating) thereof. The maximum pot life, i.e. the processing period after the production of the preparation until the viscosity starts to increase, is only 1 to 2 h. This is probably caused by the simultaneous presence of hydrophile polymers and aqueous components (e.g. water-containing glycerine or water-based latex polymer), which causes the hydrophile polymer to swell already during the production of the preparation. Since heavy swelling occurs during production, the water absorptivity and swellability of the formulations described in US 6 090 403 are reduced.

In addition it has been found that phase separation occurs in these formulations between the hydrophile base polymer and the essential oil phase, which affects the reliability and durability of these medicinal preparations.

The object of this invention therefore was to provide medicinal preparations that enable the release of essential oils for the treatment of colds and wherein the aforementioned disadvantages do not occur or are in any event considerably reduced.

This object is, surprisingly, achieved with a medical skin patch having the composition as indicated in the main claim, as well as by the process of production described in claim 13, and by the preferred embodiments described in the dependent claims.

The skin patches according to the present invention comprise a backing layer permeable to gas and water vapour and a hydrophile polymer matrix connected therewith and having pressure-sensitive adhesive properties. Said polymer matrix contains:

- at least one essential oil,
- at least one hydrophile polymer,
- at least one substance having an adsorbent effect or/and at least one substance having an emulsifying effect,
- at least one pressure-sensitive adhesive polymer.

The water content of the matrix is less than 5% by weight, preferably less than 1% by weight.

The medical skin patches of the present invention are hydrophile, topic systems that are suitable for delivery of essential oils and for the treatment of colds. The essential oils are released from the polymer matrix of the patch

as a result of the body heat and escape as vapours into the ambient air through the gas- and water-vapour-permeable backing layer and are subsequently inhaled via the patient's mouth and nose.

The essential oils are incorporated in a hydrophile, self-adhesive matrix which serves as a reservoir for these readily volatile oils and which, in the state of having been applied to the skin, is closed on the outward side by the above-mentioned backing layer so that soiling of clothing can be avoided. Due to their hydrophile character and the gas- and water vapour-permeable backing layer, these patches are well tolerated by the skin, and an occlusion effect is prevented.

The essential oil(s) contained in the hydrophile polymer matrix is/are preferably selected from the group comprising eucalyptol (cineol), menthol, thymol, borneol, bisabolol, mint oil, peppermint oil, spearmint oil, eucalyptus oil, camphor, turpentine oil, pine-needle oil, anise oil, fennel oil, thyme oil, rosemary oil, camomile oil and clove oil. Combinations of the aforementioned substances or mixtures of substances are also suitable; a combination of menthol, camphor and pine oil is especially preferred.

The overall proportion of the said essential oil/oils is preferably 5 to 25% by weight, especially preferably in the range of 10 to 20% by weight, each relative to the said polymer matrix.

The medical skin patches according to the present invention are characterized by containing at least one hydrophile polymer which, for reasons of manufacture, is present in a non-swollen state or is swollen only to a very low extent. In this context it is of essential importance that the water content of the hydrophile matrix is less than 5% by

weight, preferably less than 1% by weight, during the manufacture as well as in the final product. Generally, the use of solvents, which would lead to swelling of the hydrophile polymers, must be largely avoided.

On account of the large proportions of non-swollen, hydrophile polymers in the matrix, the formulations according to the present invention are capable of absorbing very large amounts of moisture or water during the period in which they are applied on the skin, without losing their structural integrity and dropping off from the site of application.

The proportion of the hydrophile polymer/polymers is preferably in the range of from 15 to 50% by weight, especially preferably in the range of from 20-40% by weight, in each case relative to the said matrix.

Coming into consideration as hydrophile polymers are in principle those hydrophile polymers that possess good swelling properties and are compatible with essential oils and well tolerated by the skin.

The hydrophile polymer(s) is/are preferably selected from the group comprising cellulose derivatives, especially carboxymethyl cellulose, carboxypropyl cellulose, as well as polyvinyl alcohols, polyvinyl pyrrolidone, polyacrylic acid, polyacrylamide, polyethylene glycols, alginates, tragacanth, gums, especially karaya gum, acacia gum, guar gum, as well as xanthan, carrageenan, bentonite, starch and starch derivatives; combinations of the aforementioned polymers may also be employed.

Another advantage of the inventive topical systems for release of essential oils consists in their having a cooling effect on the skin since the evaporation of the water and of the essential oils taking place above the water vapour-

permeable backing layer leads to a cooling effect on the skin on account of the cold due to the evaporation.

Film or sheet materials, wovens (e.g. of polyester) or textile substances that exhibit these permeability properties may be used as the gas- and water vapour-permeable backing layer. Examples of suitable materials include open cell foamed plastics (e.g. polyurethane foam, polyethylene foam, plastic films rendered permeable by mechanical treatment, e.g. perforated polyethylene, polyethylene terephthalate and PVC films).

The skin patches according to the invention are furthermore characterized in that they contain at least one substance having an adsorbent effect or/and at least one substance having an emulsifying effect. Surprisingly, it has been found that by adding the said substances it is possible, on the one hand, to prolong pot life (i.e. the time interval during which the matrix preparation containing the essential oils remains processible) and, on the other hand, to prevent the occurrence of phase separation between the hydrophile matrix polymer(s) and the essential oil phase.

Suitable as substances having an adsorbent effect are, in particular, the substances from the group comprising cyclodextrin and cyclodextrin derivatives, silicic acid and its derivatives (e.g. highly dispersed silicon dioxide, diatomaceous earth), as well as medicinal charcoal.

Suitable as substances having an emulsifying effect are, in particular, the following substances and groups of substances, either individually or in combination: sodium palmitate, sodium stearate, triethanolamine stearate, sodium lauryl sulfate, gum Arabic, alkonium bromide, benzalkonium bromide, cetylpyridium chloride, cetyl alcohol,

stearyl alcohol, higher branched fatty alcohols, partial fatty acids of polyhydric alcohols, partial fatty acid esters of sorbitan, partial fatty acid esters of polyoxyethylene sorbitan, sorbitol ether of polyoxyethylene, fatty acid esters of polyoxyethylene, fatty alcohol ethers of polyoxyethylene, fatty acid esters of saccharose, fatty acid esters of polyglycerol, lecithin and complex emulsifiers such as, for example, complex-emulsifying cetyl stearyl alcohol. In addition, other emulsifiers known to those skilled in the art may be utilised.

The overall proportion of the substance(s) having an emulsifying effect or/and of the substance(s) having an adsorbent effect is preferably in the range of from 0.1 to 40% by weight, especially preferably in the range of from 1 to 30% by weight, and particularly in the range of from 5 to 20% by weight; in each case relative to the polymer matrix.

The hydrophile matrix of the skin patches according to the present invention exhibits pressure-sensitive adhesive properties; to this end the matrix contains at least one pressure-sensitive adhesive polymer or a combination of two or more of such polymers.

The term "pressure-sensitive adhesive polymers" is in principle understood to mean those polymers which are contained in pressure-sensitive adhesive formulations and which are suitable for use on the skin.

For this purpose, polymers and combinations of polymers from the following group are particularly suitable: polyacrylates, polymethacrylates, polydimethylsiloxanes, polyvinyl acetate, polyisobutene, polyisobutylene, S-I-S block copolymers, polyterpenes, ethylene vinyl acetate copolymers, rubber and synthetic rubbers.

The proportion of the pressure-sensitive adhesive polymer/polymers is preferably 5 to 60% by weight, especially

preferably 5 to 40% by weight, each relative to the said polymer matrix.

According to a preferred embodiment it is preferable for the pressure sensitive adhesive polymer(s) to be present in a crosslinked state; crosslinking may be accomplished in a manner known to the skilled artisan, e.g. by using chemical agents (Al-acetylacetone or Ti-acetylacetone, in the case of polyacrylates) or by means of irradiation.

The hydrophile matrix containing the essential oils may in addition contain further formulation adjuvants, preferably moisturizers (e.g. anhydrous glycerol, propylene glycol or other polyhydric alcohols) or antifoaming agents. The proportion of said adjuvants may amount to 1 to 50% by weight, especially 5 to 30% by weight.

In a further preferred embodiment, the hydrophile matrix, following its production and during storage, is covered on its skin-contact side (on the side opposite the backing layer) with a detachable protective film. Suitable for this purpose are, for example, polyester or other plastics tolerated by the skin, such as polyvinyl chloride, ethylene vinyl acetate, vinyl acetate, polyethylene, polypropylene and cellulose derivatives, these films being made detachable by suitable surface treatment, such as siliconization. The skin patches of the present invention are preferably welded in gas- and water vapour-tight packages.

The present invention further encompasses processes for the production of medical skin patches which comprise a hydrophile, pressure-sensitive adhesive polymer matrix with a content of at least one essential oil and which can be used for treating colds, and more particularly the invention encompasses processes for the production of skin patches of

the above described type. These processes comprise the following steps:

- (a) Initially, a coating compound is produced by mixing the following components and possibly further optional components:
  - at least one essential oil,
  - at least one hydrophile polymer,
  - at least one pressure-sensitive adhesive polymer in a nonaqueous solvent,
  - at least one substance having an adsorbent effect or/and at least one substance having an emulsifying effect.
- (b) This compound is coated onto a film (as backing layer) that is permeable to gas and water vapour, as described above.
- (c) By leaving this to dry or to solidify a pressure-sensitive adhesive, swellable polymer matrix is obtained.
- (d) Subsequently, individual patches of the desired sizes can be obtained by punching out or cutting out. The pressure-sensitive adhesive surface of the patches may optionally be covered with a detachable protective layer prior to punching.

The water content of the coating compound should be less than 5% by weight, preferably less than 1% by weight. It is thereby achieved that the hydrophile polymer is not caused to swell or at most shows only the first signs of swelling. The weight per unit area is preferably 20 to 400 g/m<sup>2</sup> (after drying). On drying, apart from the solvent(s) a part of the essential oil(s) is also evaporated; this must be taken into account by a corresponding addition to the recipe.

Examples of non-aqueous solvents which may be used include ethyl acetate, n-heptane, 2-propanol, ethanol or mixtures

thereof; these solvents are particularly suited for pressure-sensitive polyacrylate adhesives and pressure-sensitive silicone adhesives. The selection of suitable solvents is above all dependent on the pressure-sensitive adhesive polymer(s); further suitable solvents are known to those skilled in the art.

It is furthermore of advantage to carry out the production of the preparations under cooling. In this case, at least step (a), or steps (a) and (b), is/are performed with cooling, preferably at temperatures below 15 °C, particularly at temperatures below 10 °C. It has been found that the heat input during mixing and homogenising, too, may cause an undesirable increase in viscosity (by swelling of the hydrophile polymers) and a thickening of the coating compound.

The processes of the present invention are characterised in accordance with a preferred embodiment in that the coating compound produced in step (a) remains processible for a period of at least 3 h, preferably at least 5 h, and with particular preference for a period of at least 8 h, following its production. It is thereby possible to prepare larger batches of compound and to process these into patches before an increase in viscosity occurs and processing is no longer possible.

As regards the substances that are preferably taken into consideration for the individual components of the hydrophile polymer matrix (hydrophile polymers, pressure-sensitive adhesive polymers, substances having an adsorbent effect, substances having an emulsifying effect, essential oils and additional adjuvants) and their percentage proportions, reference is made to the particulars given hereinabove.

According to a preferred embodiment, the coating compound contains the following components:

- 30 to 40% by weight of polyacrylate pressure-sensitive adhesive,
- 0.1 to 1% by weight of Al-acetylacetone,
- 20 to 40% by weight of hydrophile polymer(s), preferably karaya gum,
- 1 to 10% by weight of a substance/substances having an emulsifying effect, preferably Tween® 80,
- 0.5 to 10% by weight of antifoaming agent,
- 5 to 20% by weight of essential oil(s), preferably a combination of camphor, menthol and pine oil,

the sum of the proportions of the individual components always being 100% by weight.

According to a further preferred embodiment, the coating compound contains the following components:

- 5% to 10% by weight of polyacrylate pressure-sensitive adhesive,
- 20 to 35% by weight of glycerol (anhydrous)
- 15 to 25% by weight of propylene glycol
- 10 to 20% by weight of adsorbent substance(s), preferably a combination of silicic acid and hydroxypropyl-beta-cyclodextrin,
- 15 to 25% by weight of hydrophile polymer(s), preferably karaya gum,
- 5 to 20% by weight of essential oil(s), preferably a combination of camphor, menthol and pine oil,

the sum of the proportions of the individual components always amounting to 100% by weight.

The invention will now be explained in more detail by means of the following examples of recipes:

1st Recipe Example:

- 36.2% by weight of Durotak<sup>®</sup> 387-2054 (polyacrylate pressure-sensitive adhesive; National Starch and Chemical Co.),
- 0.5% by weight of Al-acetylacetone (crosslinking agent),
- 36.7% by weight of karaya gum,
- 6.9% by weight of Tween 80,
- 6.9% by weight of Atmos<sup>®</sup> 300 (antifoaming agent),
- 6.2% by weight of camphor,
- 2.9% by weight of menthol,
- 3.7% by weight of pine oil.

2nd Recipe Example:

- 19.0% by weight of karaya gum,
- 29.0% by weight of glycerol (anhydrous),
- 19.5% by weight of propylene glycol,
- 7.0% by weight of silicic acid,
- 6.5% by weight of hydroxypropyl-beta-cyclodextrin,
- 3.45% by weight of menthol,
- 3.8% by weight of pine oil,
- 4.75% by weight of camphor,
- 7.0% by weight of Durotak<sup>®</sup> 387-2287 (polyacrylate pressure-sensitive adhesive).

The particulars relating to the pressure-sensitive adhesives employed refer only to the solid proportion of the pressure-sensitive adhesives present in solution.

The skin patches of the present invention can advantageously be used in methods for treating colds. In these methods a skin patch as described above or a skin patch produced according to a method described above is adhered to the diseased person's skin in the region of the chest, the back, the forehead, the neck or nape. In this way a continuous release of the said essential oils by evaporation is made possible, as well as the subsequent uptake of the evaporated essential oils via the person's nose or mouth by way of inhalation. In addition, these patches have a cooling effect on the skin caused by the cold due to evaporation. The patch is left on the site of application for a certain period of time, preferably 1 to 24 h, and is thereafter removed and, if necessary, replaced by a new patch.